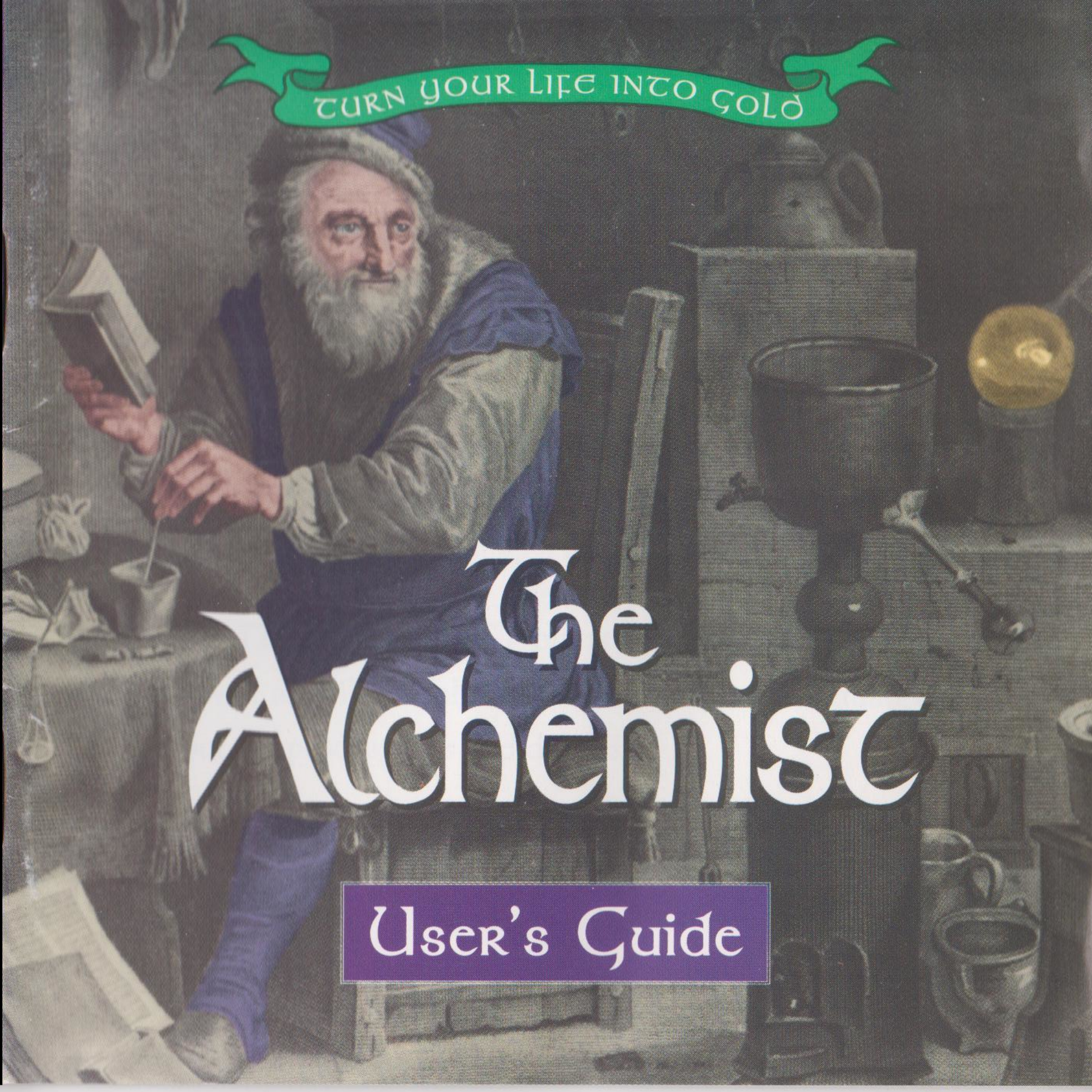
Turn your life into gold
The Alchemist
User's Guide

You have made a wise decision.

You have chosen to consult *THE ALCHEMIST.*

The instructions in these pages will guide you towards the answers you seek.

The path is easy to follow. And there's much more here than meets the eye....

THE ALCHEMIST offers unexpected pleasures — as well as brilliant clues that can lead to fulfillment of your deepest dreams and desires.

Consult this manual to enrich your exploration.

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ISBN 1-887233-02-4

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1. GETTING STARTED

Installation Guide

Before installing *THE ALCHEMIST*, make sure your monitor is set to 256 colors. Also, disable any unnecessary extensions, particularly CDU™, and any virus software such as Disinfectant™, Virex™, or SAM™. Consult your Macintosh documentation for details.

1) Insert *THE ALCHEMIST* CD-ROM in your CD-ROM drive with the disc label facing up. If your drive uses a caddy, put the disc in the caddy and then insert the caddy in the drive.

   After a moment, the icon for *THE ALCHEMIST* CD-ROM will appear on your desktop and a window labeled **The Alchemist** will open. In this window you will see an icon labeled *Install THE ALCHEMIST*.

2) Double-click on *Install THE ALCHEMIST*. After a few moments, the Installer's window will appear.

3) **Easy Install**. To quickly install *THE ALCHEMIST*, click on the **Install** button at the bottom right of the Installer's window. The Installer will copy its files to a folder titled **Alchemist*ƒ*** in the root directory of the hard drive specified by the Installer. If you want to install to a folder of your choice, click on the **Select Folder...** button. A dialog box will appear. Choose a folder where you want *THE ALCHEMIST* files copied. If you wish, you can create a new folder by clicking on the **New** button. Now a folder named **Alchemist*ƒ*** will be created within your folder when you click on the **Install** button.

   The Easy Install option will then copy about 5 MB of files to your hard disk and will give you full use of the CD-ROM. With this installation option, you must have the CD-ROM in your CD-ROM drive before launching *THE ALCHEMIST*.

   Custom Install. An alternative to **Easy Install** is **Custom Install**. This installation option loads onto your hard drive the Resident Version of *THE ALCHEMIST*. This option copies enough files to your hard disk drive to permit getting readings from an abridged version of *THE ALCHEMIST*, even without the CD-ROM in the drive. This Resident installation copies 24 MB of files to your hard disk drive.

   If you want the Resident Version, click on **Easy Install** to open a menu and drag down the menu to select **Custom Install**. Choose to install the Resident Version by clicking on the box next to **Resident Version of THE ALCHEMIST**.

   Two other items listed are labeled **QuickTime 2.0** and **Sound Manager 3.1**. Select these by clicking in the boxes next to each choice. If you want more information on any of the items listed, click on the **i** icon to the right of each item.

   When you have selected all three items, click **Install**. The Installer will add QuickTime or Sound Manager to your computer if needed.

4) A few moments after clicking on **Install**, the Installer will announce that installation was successful.

5) Restart your computer if you are instructed to do so. To launch *THE ALCHEMIST*, open the folder to which you installed *THE ALCHEMIST*, then open the folder titled **Alchemist*ƒ***. In this folder you will see the icon entitled ***THE ALCHEMIST***. Double-click on this icon to begin.

System Requirements

To run *THE ALCHEMIST* you must have, at minimum, the following hardware and software:

- LCIII or better
- 4 MB RAM
- 5 MB hard disk space available
- 640 x 480 display with 256 colors
- Double-speed CD-ROM drive (300 KB/sec transfer rate)
- System 7.1 or later
- Mouse

Custom Remove. A third option available from the Installer's pull-down menu is Custom Remove. It permits you to remove any of the items that have been installed to your hard disk drive. Selecting **Resident Version** for removal will remove files installed with Easy Install and Custom Install. Consult the **Read Me** file on your CD-ROM for full information on how to use Custom Remove. NOTE: If you remove QuickTime or Sound Manager, other applications that require them will not be able to function.

If you encounter a problem with installation, double-click on **Read Me**, found on *THE ALCHEMIST* CD-ROM.

2. Grounding Ritual

Once you've activated the CD-ROM, you're introduced to the world of *THE ALCHEMIST*. Next, a **Grounding Ritual** screen appears. This simple exercise helps you concentrate — allowing you to formulate your question while in a calm and centered state of being.

Tension and anxiety can obscure the answer you seek. Decisions made in a hurried, stressful state may lead you astray.

Take a moment to relax.

Once you're ready to proceed — or if you want to skip the **Grounding Ritual** — click on **Continue.**

If you're still not feeling relaxed and comfortable with your question, you may want to view the **Grounding Ritual** movie. (Click on the **Grounding Ritual** menu bar at the top of the main screen of *THE ALCHEMIST*— see page 19.) The sounds and visual power of nature's elements can help you hear more clearly the voice of your intuitive self.

3. ASK The Alchemist

For the following instructions, refer to the **Main** screen on page 11 ▶

1) To begin, click on the black box and type in your question.
2) Select the type of reading you want by clicking on **Short** for a brief answer or **Thoughtful** for a deeper exploration.
3) Roll the dice by clicking on the dice icon. *THE ALCHEMIST* will select four cards, representing the realms of Fire, Air, Water, and Earth. Each card holds a message.
4) Ask a new question or rephrase a question already typed by clicking on **Next?** You can save both your question and the reading you receive before asking the next question.

How to Phrase a Question...

To receive an answer from *THE ALCHEMIST* that is most helpful to you, it is best to phrase your question in one of the following ways:

`Describe how I can transform` [the situation or behavior you want to change] **`from`** [what it is now] **`into`** [what you want it to be].

or...

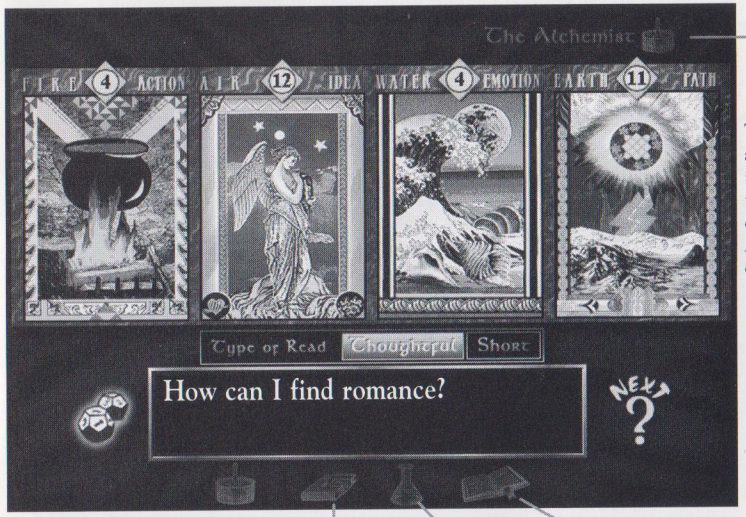
`Give me an alchemical formula for coping with` [name the situation or problem].

or...

`Describe the process that I will go through` [to accomplish what you desire].

or...

`Give me the message I most need to hear now for my highest good.`



To hear an introduction to the world of *THE ALCHEMIST*, click here.

Your questions — and the readings you receive — are kept in *THE ALCHEMIST* **Diary**. Click here to review them. (See page 14.)

The **Guide** explores nature's elements and takes you on a journey deeper into the mysteries of alchemy. (See page 16.)

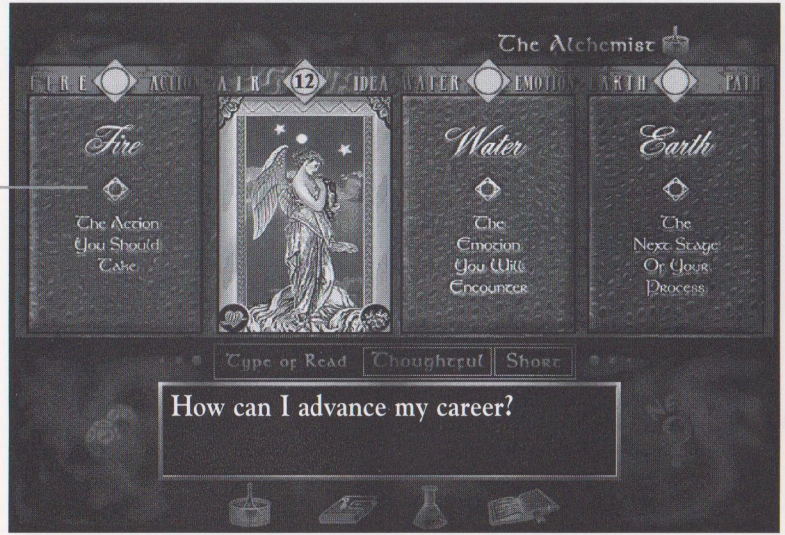
From the **Glossary** you can learn the meaning and significance of many alchemical terms. (See page 17.)

How To Conduct a Reading...

Your roll of the dice allows *THE ALCHEMIST* to select a display of four cards representing nature's elements : Fire, Air, Water, and Earth. There are 12 cards for each element. Each card, and its message, is concealed behind a cover card.

To start your reading, click once on the first card, the one farthest left.

The Fire element you select will enlarge and come alive, revealing the action you should take. Click anywhere on the screen, and the Fire element will return to its place. The card to its right — Air — will then be revealed.



Click on the element of Air to reveal the idea to keep in mind; then the Water element to explore the emotion you will encounter. Finally, click on the Earth element to reveal the path to further exploration.

Below is a sample of one of the cards you will see.

ANGEL
Be aware that behind you stands an Angel patiently waiting for you to surrender your prideful desire to resist contributions from sources outside of yourself. Your alchemy process can include the gift of Grace from the highest sources if you have faith that receiving aid that is beyond your control does not imply your failure. Faith requires great bravery, for it requires you to let go of your beliefs, open your mind to the truth, whatever it may be, and not fear the unknown.

Suppose in the middle of a reading that you want to explore the meaning of the Fire element in the **Guide**. Feel free — in fact, during any reading you can venture to the **Diary** or the **Glossary** as well.

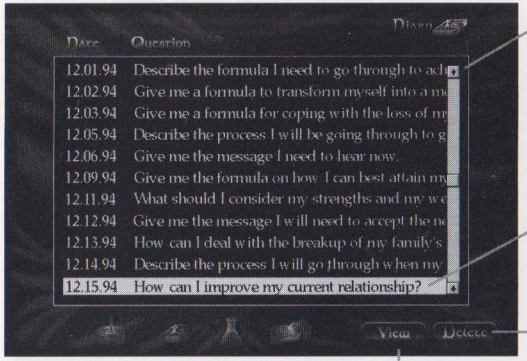
Simply click on the appropriate icon at the bottom of the main screen.

When you return to *THE ALCHEMIST*'s main screen — by clicking on **The Alchemist** icon at the bottom of the screen — you can pick up where you left off.

4. YOUR PERSONAL ELECTRONIC DIARY

By keeping a record of your inquiries and readings, you can assess past readings and chart your course. To save a reading in the **Diary**, click on **Next?** (See pages 10-11.) A prompt will appear asking whether you want to save or change your question.

You can open your **Diary** any time; just click on its icon at the bottom of the screen.


Diary
Date
Question
12.01.94 Describe the formula I need to go through to ach
12.02.94 Give me a formula to transform myself into a m
12.03.94 Give me a formula for coping with the loss of m
12.05.94 Describe the process I will be going through to g
12.06.94 Give me the message I need to hear now.
12.09.94 Give me the formula on how I can best attain my
12.11.94 What should I consider my strengths and my w
12.12.94 Give me the message I will need to accept the n
12.13.94 How can I deal with the breakup of my family's
12.14.94 Describe the process I will go through when my
12.15.94 How can I improve my current relationship?
View
Delete

For each date, the **Diary** lists your questions in the order you asked them. You can find questions asked on other dates by clicking on the arrow to scroll up or down.

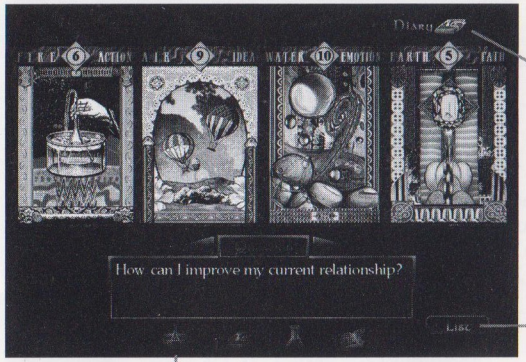
To revisit a particular reading, click on the entry; it will appear highlighted.

To delete a question from the **Diary**, highlight the entry by clicking on it; then click on **Delete.**

Click once on **View** and you'll see the four cards — representing each of nature's elements — that appeared in response to the question you saved on that date. Double-clicking on a **Diary** entry will do the same.

Now you can review an entire saved reading by clicking on each card. Once you've retrieved a **Diary** entry, you'll see this symbol below the array of cards.

While viewing the reading for a **Diary** entry, you can retrieve the preceding **Diary** entry by clicking on the arrow pointing left. Click on the arrow pointing right to view the next entry.



To hear instructions on how to use the **Diary**, click here.

If you want to return to the list of questions in your **Diary**, click on **List**.

To return to *THE ALCHEMIST*'s main screen, click on **The Alchemist** icon at the bottom of the screen.

5. *THE ALCHEMIST*'S GUIDE TO NATURE'S ELEMENTS

The **Guide** explores the meaning and significance of nature's elements, as well as the insight they offer into human nature. To find the **Guide**, simply click on its icon at the bottom of the main screen at any time. (See page 10.)

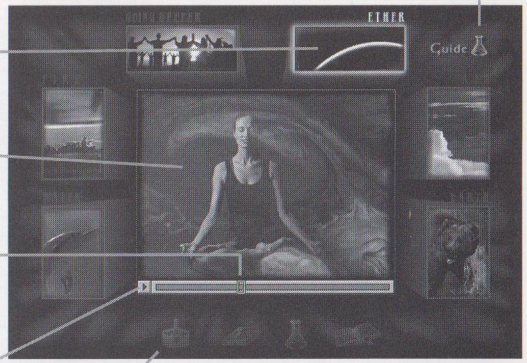
To hear instructions on how to use the **Guide**, click on this icon.

To begin a video journey, click on the element you want to investigate.

A movie exploring the element you have selected plays here.

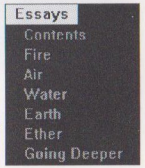
As the movie plays, the slider tracks from left to right as the story of each element unfolds. To skip ahead, drag the slider to the right. To move backward in the story, drag the slider to the left.

To stop the action momentarily, click on the pause button. When the video is interrupted, the pause button becomes a start button. Click on the start button to resume.



To return to *THE ALCHEMIST*'s main screen, click on **The Alchemist** icon at the bottom of the screen.

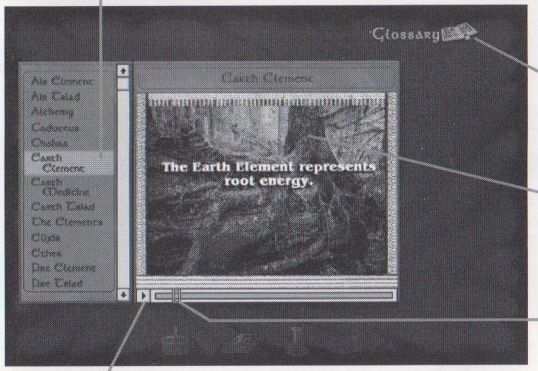
You can read brief essays about nature's elements and the art of alchemy by selecting the topic of your choice from the **Essays** menu, ▶ located in the menu bar. To return from an essay to the **Guide** screen, choose **Exit** from the essay's **File** pull-down menu.



6. A GLOSSARY OF ALCHEMICAL TERMS

The **Glossary** introduces you to many alchemical terms, which come to life through sound and animation.

To view **Glossary** terms, you may need to scroll up or down. Click on a term and the video definition will appear. You can select another term at any time.



To hear instructions on how to use the **Glossary**, click here.

A slide show about the term you selected appears here.

To skip ahead in the slide show, drag the slider to the right. To move backward, drag the slider to the left.

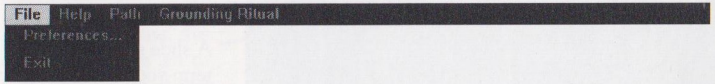
Click here to pause the slide show. When the slide show is interrupted, the pause button becomes a start button. To resume, click on the start button.

7. PULL-DOWN MENUS

The menu bar at the top of *THE ALCHEMIST*'s main screen provides four menus with choices for further exploration: **File**, **Help**, **Path**, and **Grounding Ritual**. Use the **Preferences** selection in the **File** pull-down menu to customize *THE ALCHEMIST*. The Help pull-down menu provides guidance in using features of *THE ALCHEMIST*. The **Path** pull-down menu allows you to access the **Diary**, **Guide**, **Glossary**, and *THE ALCHEMIST*'s main screen directly. The **Grounding Ritual** menu lets you view the Grounding Ritual screen or movie.

FILE

Preferences
Select **Preferences** from the **File** menu. Within **Preferences** you can adjust or fine-tune the following functions and features of *THE ALCHEMIST*.



Speed
If you find that cards zoom forward too rapidly or too slowly, use the card **Zoom Speed Slider** to change the speed of the zoom (from 1 card in the zoom to 60 cards in the zoom).

Volume
Adjust the volume by moving the Volume slider between 0 (off) and 64.

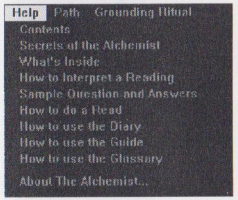
Disable Screen Transitions
To speed up transitions between screens, you can disable the fade effect that occurs between many screens. To turn off this effect, click on the box next to **Disable Screen Transitions**.

Alchemist Audio Help
When you type your first question, you'll hear spoken instructions that explain how to phrase your questions to *THE ALCHEMIST*. To disable these instructions, click on the box next to **Disable Audio Help on Question Entry**. Audio help with other features will still be available.

Double-Sized Movie Introduction
To increase *THE ALCHEMIST* introductory movie screen to twice its normal size, click on the box next to **Double-Sized Intro**. The next time you launch *THE ALCHEMIST*, the movie will play in its new screen size.

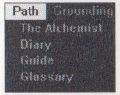
Diary Filename
Create a new filename for your **Diary** entries any time except when you are currently in the **Diary** interface. Click on the check-box next to **Use Default**, removing the **x**. Type a new filename of up to 31 characters, including spaces if you wish. Create a new **Diary** filename if you fill up the **Diary File** (it holds 256 questions), or if you want to save readings in categories (e.g., **Career Questions**). See **Read Me** on your CD-ROM for more information.

HELP



The **Help** pull-down menu allows you to select information that explains each feature of *THE ALCHEMIST*. In the **Contents** selection, under **Help,** you can access a description of the main screen, sample questions with answers, as well as guidance in interpreting a reading. To exit any **Help** screen, click on the **File** menu and select **Exit.** (You will not exit *THE ALCHEMIST*.)
You can also receive help from any screen in *THE ALCHEMIST*, without using the **Help** pull-down menu. Move the cursor to the upper right-hand corner until it is over the icon for the current screen. A question mark will appear. Simply click on it to reveal buttons you can select to play, pause, or stop audio help for the screen.

PATH



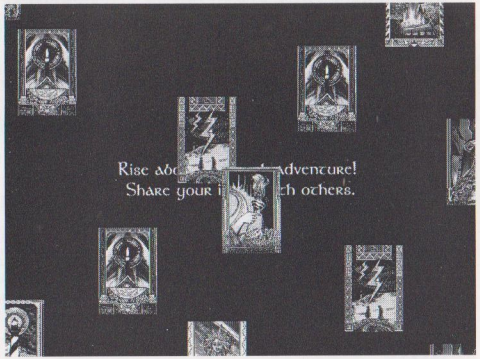
The **Path** menu transports you from the current screen to any other screen at any time — simply select the screen you want from the menu.

GROUNDING RITUAL

Return to the **Grounding Ritual** screen or play the **Grounding Ritual** movie at any time by making a selection from this pull-down menu. (See page 9 for a description of the **Grounding Ritual**.)

8. RECEIVE YOUR FREE ALCHEMIST SCREEN SAVER!

Remember to fill out and send in your registration card, included in this package, to receive this beautiful screen saver... free!



You can create your own Screen Saver design, choosing from *THE ALCHEMIST*'s broad assortment of cards, messages, and sounds. Once installed and activated, your Screen Saver automatically appears after your computer remains idle for the period of time that you determine.

NOTES

SEE NEXT PAGE FOR TROUBLESHOOTING

9. TROUBLESHOOTING

What you notice	Possible problem	How to fix it
After clicking on *THE ALCHEMIST*'s icon, you see: "The Alchemist requires a screen mode of 256 colors."	Your screen is set for more or fewer than 256 colors.	From the Finder's Apple menu, select Control Panels to find the Monitors control. Select 256 colors. Try running *THE ALCHEMIST* again.
Error message: "The Alchemist requires QuickTime 2.0 or higher."	QuickTime is not installed.	Run *Install THE ALCHEMIST* from your CD-ROM. Select Custom Install. Make sure you select QuickTime™ and Sound Manager.
Error message: "The Alchemist requires Sound Manager version 3.0 or higher."	Sound Manager is not installed.	Run *Install THE ALCHEMIST* from your CD-ROM. Select Custom Install. Make sure you select QuickTime™ and Sound Manager.

Double-click on **Read Me** on *THE ALCHEMIST* CD-ROM for more information.

What you notice	Possible problem	How to fix it
Error message: "There is not enough space on the disk to complete installation."	Not enough room on your hard disk drive.	If you tried Custom Install, you will need 24 MB of free space. Either remove files from your drive or choose Easy Install.
	You may have installed *THE ALCHEMIST* or its Resident Version several times.	Custom Remove *THE ALCHEMIST*. For the best procedure, see **Read Me** on *THE ALCHEMIST* CD-ROM.
Selecting Essays or Help gives the following message: "There is not enough free memory in the System to display the Essays [or Help] (500K is required). Try quitting other applications to make more memory available."	You may have other applications or unnecessary windows open.	Quit *THE ALCHEMIST*. Then quit all other applications and unnecessary windows. Launch *THE ALCHEMIST* again. For more information, see **Read Me** on *THE ALCHEMIST* CD-ROM.

When calling for Technical Support, follow the guide in **Read Me**, then call 202-337-3657.

Amy Zerner and Monte Farber

PHOTO: LINDA K. ALPERN

THE ALCHEMIST Creators,
Monte Farber and Amy Zerner

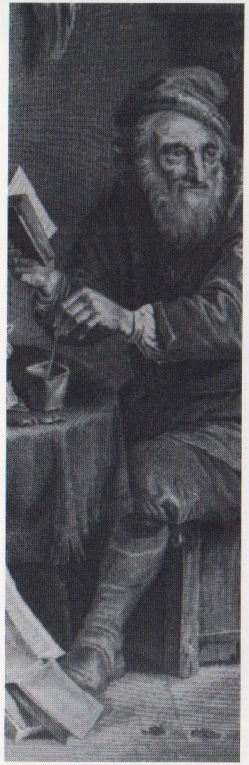
Amy Zerner and Monte Farber are acknowledged in the New Age community and beyond for their personal guidance systems. Amy Zerner, recognized by the National Endowment for the Arts, is an award-winning artist known for her collages. Monte Farber is a writer and musician whose interpretations of the world's great philosophies accompany Zerner's art. Zerner has used her visionary art to illustrate a series of children's books, *Zen ABC*, *Scheherazade's Cat*, and *The Dream Quilt*, and a retrospective art book, *Paradise Found*, written by Monte Farber (all published by Charles E. Tuttle Co., Inc.). This husband and wife team has collaborated on highly popular book and card sets, including *The Psychic Circle* (Simon and Schuster); *Karma Cards* (Penguin Books); and *The Alchemist* and *The Enchanted Tarot* (St. Martin's Press). *THE ALCHEMIST* is the first of several titles planned for the **Mystic Messenger Series**.

Enteractive, Inc.

THE ALCHEMIST — the first title in the **Mystic Messenger Series** — was translated into multimedia CD-ROM by Enteractive, Inc. Our creative group of programmers, designers, writers, and composers has been recognized for over a decade as pioneers in multimedia.

Today, Enteractive is a publisher of multimedia titles for home learning and adult enrichment, primarily in the categories of popular science and nature, self-discovery, children's musical adventures, and entertainment. Enteractive is dedicated to producing high quality multimedia that emphasizes intellectual stimulation, content depth, and sensory appeal—titles that bring "intelligent interactivity" into your life.

THE ALCHEMIST Development Team (*l. to r.*) *Front:* Paul Chernoff, Norm Kang, Walter Ratzat, Karin Huggens, Sally Russell. *Middle:* Leslie Dembinski, Doriann Asch, Paul Ward, Seemeen Hashem, Jolie Barbiere, Claude Fazio. *Back:* Zenon Slawinski, David Minckler, Sam Carr, Rebecca Kingsley, Brad Dismukes, William Bloomfield, David Hibbitts. *Not pictured:* Peter Billig, Jeff Buck, Shamim Chowdhury, Jake Gerli, Clay Harris, Monica Leland, Carl McCarden, Tom Nochera, John Shipley, Jon Singer, Robert Stewart, Anne-Marie Sweeney, George Tuggle, and Isabelle Wallace.



I can teach you
the most important thing
one friend can teach another...

How to discover
your true path in life.

Continue to search the
unknown for your heart's desire.

You will be rewarded
not only with what you seek,
but also with the wisdom
gained in seeking.

That wisdom is the secret of life,
far more precious than the gold
whose pursuit first brought you here.

– The Alchemist

11. OTHER ENTERACTIVE CD-ROM TITLES

Mystic Messenger Series™
Following *THE ALCHEMIST*™, Enteractive plans to publish more titles in the **Mystic Messenger** series in 1996, based on other titles from Amy Zerner and Monte Farber.

Stomped-On Fairy Tales™
PIGS kicks off the **Stomped-On Fairy Tales** series—mixed-up modern day musical adventures for kids 3 to 10—with classic fairy tales wittily retold by contemporary story tellers and musicians. Children interactively guide the plots in these vividly animated storybooks. Sing-along songs include a ball bouncing over lyrics, helping kids sing in time to memorable, original music. Or, kids can sit back and relax while a fresh story unfolds before their eyes. **Look for more Stomped-On Fairy Tales titles in 1996.**

Ask Isaac Asimov™
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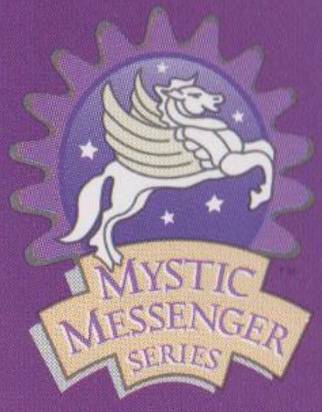

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